

High School Donations List

Deviations from this list are not as useful given the situation of these families

Individual packets of everything preferred. No glass.

Food/Beverages:

BREAKFAST:

- Individual cereal cups
- Belvita breakfast bars
- Individual oatmeal packets or cups
- Pop Tarts

LUNCH/DINNER:

- Individual ramen packets or cups
- Individual mac n cheese cups
- Chef Boyardee Cups
- Canned Chicken
- Tuna Packets with Crackers
- Bread
- Peanut butter
- Jelly

SNACKS:

- Dried fruits / trail mix / nuts
- Applesauce cups
- Snack/granola bars
- Peanut butter crackers
- Individual Goldfish bags
- Individual Chex Mix bags
- Individual chip bags

DESSERT:

- Rice Krispy Treats
- Jell-O and pudding cups
- Individual cookie bags

DRINKS:

- Shelf-stable milk
- Gatorade
- Caprisun
- Water

Toiletries:

- Tampons
- Sanitary pads
- Deodorant
- Shampoo/conditioner
- Bars of soap/body wash
- Toothbrushes/toothpaste
- Shaving cream/razors
- Toilet paper
- Paper towels
- Hand Sanitizer / Clorox wipes
- Laundry detergent (pods preferred)

Clothing: (ALL SIZES)

- NEW underwear – men & women
- NEW bras – women
- NEW socks – men & women
- Gently-used, closed-toed shoes – men & women
- Dress shirts, polo shirts, t-shirts with no words – men & women
- Long pants and jeans (no holes) – men & women
- Work dresses – women

Miscellaneous:

- \$25 Gift Cards to Walmart or Publix
- Plastic utensils, bowls, plates
- Reusable tote bags
- Gently-used bath towels/washcloths
- Gently-used bedding
- Gently-used small appliances: microwaves, coffee pots, panini press, indoor grills, instapot, etc.
- Gently-used suitcases, purses, duffel bags, etc.